



CHIPPENHAM & DISTRICT WHEELERS

This event is being promoted for and on behalf of Cycling Time Trials under its Rules and Regulations.

OPEN 10 MILE TIME TRIAL - U41 SPINE ROAD - LATTON

Saturday 13 May 2023. Time of start – 08:30 hours

IF YOU ARE SHOWING ANY SIGNS OF COVID 19 PLEASE DO NOT COME TO THE EVENT

In the interests of your own safety, Cycling Time Trials requires you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Riders signing the entry form state their conversance with Cycling Time Trials Rules and Regulations and agree to observe them.

EVENT OFFICIALS

Event Secretary

Paul Winchcombe Chippenham & District Wheelers
4 Farmhouse Court
Melksham
SN12 6FG
07792 372309 (*mobile*)

Timekeepers

Start: Mr R Hutchinson Bristol South Cycling Club
Finish: Mrs S Andrews Chippenham & District Wheelers

Officials

Start: Mrs S Crane Chippenham & District Wheelers
Finish: Mrs L Booth Chippenham & District Wheelers

EVENT HQ: Organiser: Mr Paul Freegard

My thanks to all the volunteers:

Paul Freegard	Jeremy Tyzack	Robbie Richardson
Martin Priestley	Mike Gibbons	Sue Crane
Lisajayne Booth	Sue Andrews	Rob Hutchinson
David English		

Event HQ: Bradstone Playing Field, Ashton Keynes, Swindon, Wiltshire, SN6 6PH

- Refreshments – the intention is to have light refreshments, so please bring loose change for donations
- Toilets – please use one at a time
- Numbers and Signing On
- Prize Presentation – prizes will be sent after the event to winners but intention is to be able to list positions before event finishes
- Event HQ should be open from **0730** hrs

There is a reasonable amount of parking at the HQ (especially if you park sensibly) but if you need to park in the village please park considerately and not block drive ways.

NO SHOEPLATES IN EVENT HQ, PLEASE.

NOTICES: (Please do read these as they affect the management of the event)

- This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>
- You are asked to not urinate in the car park or grounds or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.
- Turbo trainer/roller warm up are permitted at HQ but only directly behind/infront of your parked vehicle.
- Your number will be placed on a table at the HQ, please check your number on the list below.
- CTT requires all riders to sign out of events when finished. Failure to complete the signing out sheet will result in the rider being disqualified. Other riders or individuals must not sign out for other people.
- Please hand your number in when signing out.
- A **working front and rear light**, either flashing or constant, must be fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- **Hard shell helmets are now mandatory.**
- Please respect the volunteers from Chippenham and District Wheelers and the timekeepers who are giving up their time to help out.
- Position your main number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- Please allow at least 10 minutes to get to the start.
- Head-down riding kills – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

There may be a "pusher offer" but in the event that I do not get one you will have to do a standing start on your own. Rolling starts will not be permitted. Make it easy for the finish time keeper, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race Results will be published on the CTT website as soon as possible.

Start List Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and may not be accepted in future events.

Ride Safe. Ride Strong. Thank you for your support!

PRIZE VALUES

Overall		Vets		Others	
1st Place	£15.00	1st Place Vet Overall	£15.00	1st Place Woman	£15.00
2nd Place	£10.00	2nd Place Vet Overall	£10.00	2nd Place Woman	£10.00
1st V40	£10.00				
1st V50	£10.00			Special Prize	£20
				Tandem Trike	
1st V60	£10.00	1st Road Bike	£15		
1st V70/80	£10.00				

The Sheila Wiseman Trophy will be awarded to the fastest Women Rider, in addition to the appropriate 1st Place Prize.

One prize per rider.

Prizes will be forwarded to riders after the event.

Given the combined age of the tandem trike I feel it is appropriate to award them a special prize.

COURSE DETAILS

To reach start from event HQ turn **left** onto Rixon Gate road and follow till X-rds. Turn Right onto High Road and follow till Cox's Hill. Go straight on Cox's Hill to junction with B4696 where turn right and follow till X-rds with Spine Road. Go straight on unnamed road towards and past the aggregate industries. Note once past X-rds you will be riding towards riders who are already racing. Distance to start 2 miles.

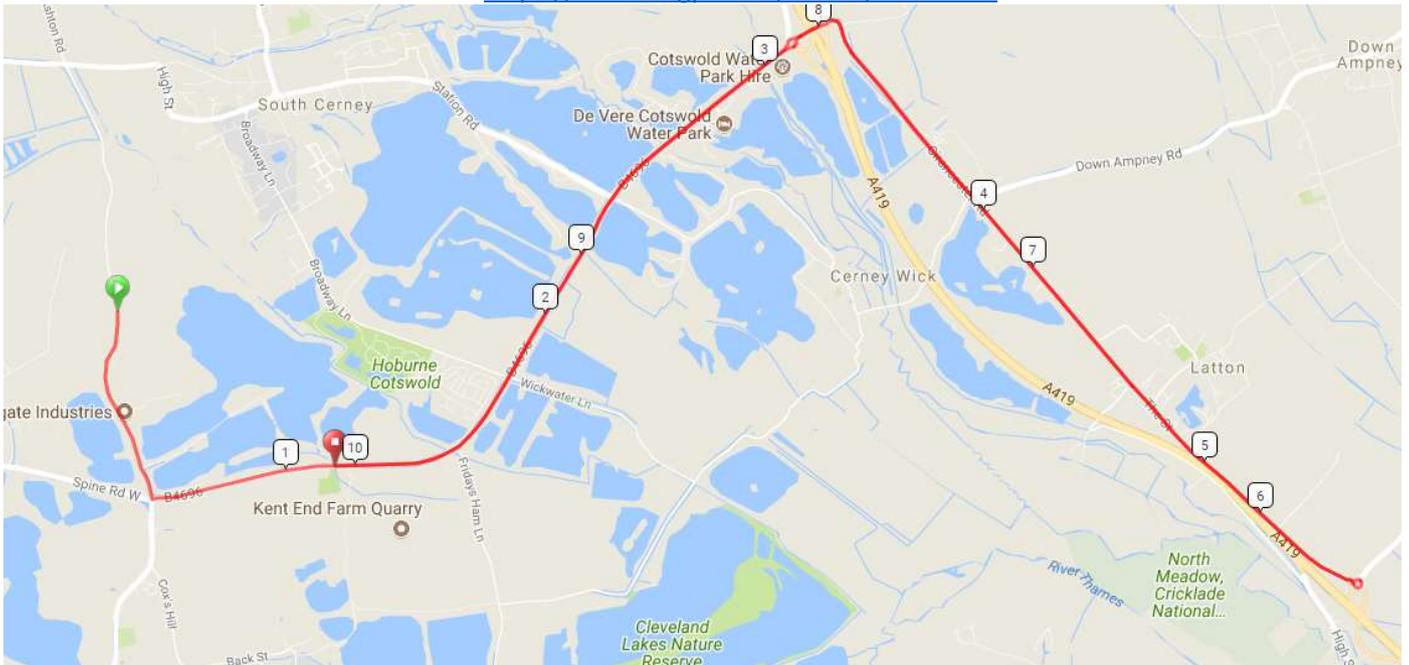
<https://ridewithgps.com/routes/34119754>

- LIMIT U TURNS TO AN ABSOLUTE MINIMUM AND QUEUE TO START IN SINGLE FILE IN LAYBY. DO NOT QUEUE ON THE ROAD.
- PLEASE DO NOT WARM UP PAST THE START AREA.

START: Start in layby on unclassified road 0.4 mile north of Aggregate Industries entrance.

Head south to junction of Spine Rd West and Spine Rd East (B4696) and turn left. Ride East along Spine Road East towards Cotswold Water Park and A419. Cross the double RAB over the A419 (straight on at first RAB) and turn right at second RAB (second exit) towards Latton (DO NOT TAKE A419 EXITS). Ride South East along Cirencester Road through village of Latton (note traffic calming road narrows) to RAB for A419 and circle RAB to return along Cirencester Road through Latton to the double RAB with A419. At first RAB take second exit (straight across) to second RAB and take second exit along Spine Rd East past Cotswold Water Park (DO NOT TAKE A419 EXITS). Ride West along Spine Rd East to finish 0.5 mile short of junction at West end of small gated layby before Clayhill Car Park

<https://ridewithgps.com/routes/25084348>



DO NOT STOP on finishing, but warm down and return to HQ.

ORDER OF START

Field layout was challenging due to number of riders from same clubs but given the disparity in times I have let riders from same club start together as there is minimal risk of paced riding.

This event contains a Road Bike event and I have grouped the women together in the early starters

Start Time	Rider Number	Rider		Club	Cat
08:33	33	Peter	Iffland	Chippenham & District Wheelers	V5
08:34	34	Norman	Harvey	Sotonia CC	Tandem Trike
08:34	35	Mary	Corbett	Sotonia CC	Tandem Trike
08:36	36	Mike	Anderson	Velo Club St Raphael	V6 - RB
08:37	37	Lewis	Lawton	Swindon Road Club	V7 – RB
08:38	38	Gregory	Woodford	Reading CC	V6 – RB
08:39	39	Tom	Bass	Velo Club Bristol	V4 – RB
08:40	40	Spencer	Hardman	Velo Club Bristol	V5 – RB
08:41	41	Rob	Morgan	Velo Club Bristol	V5 - RB
08:42	42	Matt	Dale	Velo Club Bristol	V4 – RB
08:43	43	Ashley	Dunn	Velo Club Bristol	V5 – RB
08:44	44	Mary-Jane	Hutchinson	Bristol South Cycling Club	V6/ - RB
08:45	45	Lisa	Francis	Hereford Cycle Hub Cycling Club	Senior/
08:46	46	Jo	Wilkie	Cheltenham & County Cycling Club	V4/
08:47	47	Arja	Scarsbrook	Team Echelon	V7/
08:48	48	Lauren	Booth	05/03	Espoir/
08:49	49	Anne	Clark	PDQ Cycle Coaching	V6/
08:50	50	Rachel	Green	Cheltenham & County Cycling Club	V6/
08:51	51	Jane	Barker	Gillingham and District Wheelers / Wheels Cycles	V5/
08:52	52	Jessica	Rhodes-Jones	AeroCoach	Senior/
08:53	53	Georgina	Paul	TORQ Performance	V4/
08:54	54	Kevin	Parry	Hereford Cycle Hub Cycling Club	V5
08:55	55	Philip	Strongman	Oxonian CC	V5
08:56	56	Bob	Brabbins	VTTA West Group	V8
08:57	57	Tim	Radley	Gloucester City Cycling Club	V4
08:58	58	Wayne	Mayer	Gloucester City Cycling Club	V5
08:59	59	Trevor	Hodges	Stroud Valley Velos	V5
09:00	60	Chris	Francis	Velo Club Bristol	V5
09:01	61	Jamie	Richardson Paige	Magspeed Racing	Senior
09:02	62	Lee	Francis	Velo Club Bristol	V4
09:03	63	Gary	Paddon	Swindon Wheelers	Senior
09:04	64	Nick	Hill	Bristol Mile Monkeys	V6
09:05	65	Simon	Cox	Chippenham & District Wheelers	V5
09:06	66	Mark	Hazell	Clevedon & District Road Club	V5
09:07	67	Ben	Parker	Swindon Wheelers	V4
09:08	68	Mark	Halls	Bristol South Cycling Club	Senior
09:09	69	David	English	Chippenham & District Wheelers	V4
09:10	70	Andy	Merrett	Velo Club Bristol	V4

09:11	71	B Xavier	Disley	AeroCoach	Senior
09:12	72	Niel	Dunnage	PDQ Cycle Coaching	V5
09:13	73	Dan	Laasna Reuter	Virtual Cycling Club	V4
09:14	74	Paul	James	VTTA West Group	V5
09:15	75	Andrew	Metherell	Salt and Sham Cycle Club	V5
09:16	76	George	Thorne	Worcester St. Johns CC	Senior
09:17	77	Vincent	Douglas	Gloucester City Cycling Club	V5
09:18	78	James	Pugh	360VRT	Senior
09:19	79	Gary	Francis	Gillingham and District Wheelers / Wheels Cycles	V4
09:20	80	Mark	Bishton	Velo Club Bristol	V5
09:21	81	Matt	Boulton	AeroCoach	V4
09:22	82	Alexander	Luisi	Bath Cycling Club	Senior
09:23	83	Daryl	Stroud	Gloucester City Cycling Club	V5
09:24	84	Haydn	Davies	Giant CC Halo Films	V6
09:25	85	Paul	Brickell	Bristol South Cycling Club	V5
09:26	86	Steven	Cottington	Bath Cycling Club	V6
09:27	87	Matthew	Chapple	Chippenham & District Wheelers	Senior
09:28	88	Rob	Sutton	Velo Club Bristol	V5
09:29	89	Adrian	Rowley	Gloucester City Cycling Club	V5
09:30	90	Tom	Biggs	Cheltenham & County Cycling Club	Senior

- RB = Road Bike Event on road bikes

Please note your name is on the start sheet as it appears in the CTT Database. You can edit your name to make in upper and lower case.